TAO CHI ACUPUNCTURE CLINIC
10 Woodside Way, Redhill, Surrey, RH1 4DB

INFORMED CONSENT

I, _____, do hereby authorise Wai-Po Tang, of Tao Chi Acupuncture Clinic, to administer any style of Oriental Medicine relevant to my diagnosis and treatment. I do hereby voluntarily request and consent to be treated with Oriental Medicine therapies including but not limited to the following:

- Insertion of various styles and sizes of sterile, single-use acupuncture needles through the skin at various depths and locations. **Acupuncture and other Oriental Medicine modalities are considered extremely safe methods of treatment with adverse reactions occurring very rarely.** We are required to advise you of even the remotest possibility of any side effects of treatment. These may include: local bruising, minor bleeding, dizziness, fainting, pain or discomfort and the possible temporary aggravation of symptoms existing prior to acupuncture treatment, organ puncture or infection.

- Heat therapy using moxa on or near any part of my body. With any type of heat, there is a risk of burning and scarring.

- Theraputic techniques called Gua Sha (pronounced "gwa-shah," which involves rubbing of the skin with buffalo horn, jade or plastic tools) and Cupping (the application of glass or plastic cups and mild to moderate suction) ***are techniques intended to induce minor bruising which may last from 1-5 days. Although unsightly, these bruises are not normally painful****.* Certain adverse side effects may result from these treatments, though, which may include, but are not limited to: redness, bruising, tenderness and the possible aggravation of symptoms existing prior to treatment.

- Electrical Stimulation ("E-Stim) may be used in conjunction with acupuncture needling techniques. E-Stim involves clipping a wire to the body of the needle in order to deliver a mild electric current. It generally produces a vibration, tapping, pulsating or buzzing sensation through the needles and the areas of the body being treated. Adverse side effects may result, including, but not limited to: electrical shock, pain or discomfort, and the possible aggravation of symptoms existing prior to treatment.

- Chinese medicinal herbs and nutritional supplements (which are from plant, animal and mineral sources and are generally considered safe) may be recommended and prescribed as an adjunct therapy to in-office treatment. If you choose to take recommended supplements, you must follow your acupuncturist's directions for administration and dosage. Adverse side effects, though rare, may result from taking these substances. These could include, but are not limited to: changes in bowel movement, abdominal pain or discomfort, nausea & vomiting, and the possible aggravation of symptoms existing prior to herbal treatment. Should you experience any problems, which you associate with these substances, you should suspend taking them immediately call your acupuncturist as soon as possible.

I have been informed of the risks and possible consequences involved with the treatments listed above and I am aware that I have a right and freedom to refuse any form of treatment or stop any treatment at any time, for any reason. I understand that no guarantees concerning the use or effects of Acupuncture and Oriental Medicine are given to me. I have carefully read and understand all the above information, am fully aware of what I am signing and I do hereby voluntarily give my permission and consent for treatment.

Client signature: _____ Print name: _____ Date: _____